



The Church: A Worthy Life in Jesus

Ephesians 4:1-6

Week of September 20, 2020

I. Living a Worthy Life

How does Paul refer to himself in Ephesians 4:1? What is the double meaning found in this designation?

What are we urged to do in Ephesians 4:1?

What does it mean to live a “worthy life”?

What does it mean to live a life worthy of the calling we have received?

What does Ephesians 5:8-10 tell us about this life? What does this mean?

How can we fall short of this? What happens?

What does Galatians 2:20 tell us about our life in Jesus?

II. Characteristics of a Worthy Life

What does Paul start with in describing the lives of Christians in Ephesians 4:2? How does the world often see this quality as a negative thing?

How would you define a “Godly humility”?

Why do we try to make ourselves look better than we truly are?

What does it mean when the word “completely” is added to the word “humble”?

What does it mean to be “gentle”? Why are being humble and gentle tied together?

How does the world wrongly see gentleness?

How does God use gentleness?

Paul mentions “patience” next. How do you describe patience?

Why is patience so hard for us?

What does our patience communicate about God’s timing?

How are patience and “bearing with one another in love” connected?

When we are angry we want to retaliate. How does “bearing with one another in love” change that? What is the impact of love in this process?

What is the last characteristic mentioned in Ephesians 4:3?

What does it mean to “live in peace”? What does Romans 12:18 tell us?

III. Unity in Jesus Christ

In Ephesians 4:4 what is Paul talking about when it comes to us and Jesus?

What is meant by our being “called to one hope” as it relates to this earthly life and to the afterlife in eternity?

What happens when we do not believe that there is one body or one Spirit or one hope? What does this suggest?

Why is it so important to affirm what is mentioned in Ephesians 4:5?

Where does Ephesians 4:6 point us? Why is this so important?

What does it mean that God is “over all and through all and in all”?