

# God's In the House

## The Bedroom — Marriage

**Ephesians 5:28-31**  
**November 25, 2018**



### I. Unconditional Intimacy

### II. Nurturing Intimacy

### III. Unifying Intimacy

#### I. Unconditional Intimacy

According to Ephesians 5:28 how should wives and husbands treat each other?

What are ways that we show a love for our bodies?

What does Ephesians 5:31 tell us about the relationship of husbands and wives?  
How would you describe becoming one flesh?

How is this idea repeated in 1 Corinthians 7:4?

How is that counter cultural from the world we live in?

What do you see are the difficulties in becoming one flesh?

#### II. Nurturing Intimacy

What is the message that Paul gives us in Ephesians 5:29?

We do not hate our own bodies but are to feed and care for them. How does this relate to the relationship that husbands and wives have?

Feeding and caring for your spouse is something that seems very natural early in our marriages. What happens as the years go by?

What are the things that seem to distract us in the living of our lives and what are the things that distract us relationally?

What does it mean for you to become an expert on your spouse?

#### III. Unifying Intimacy

What kind of leaving is spoken about in the first part of Ephesians 5:31? Why is this something that is hard for many moms and dads?

How would you describe the uniting spoken about in Ephesians 5:31? Why is leaving and uniting crucial in order for “two to become one flesh”?

What would you say to someone that expresses concerns that they will lose their sense of individuality and personhood if they take to heart becoming one flesh?

How does the “one flesh” union impact what so many experience in divorce?

What is the good news of God for those that have been divorced?

Which of these 7 practical principles do you need to work on in your marriage?

1. **Be Powered** – Commit to being a godly spouse. Submit to becoming one flesh.
2. **Be Proactive Spiritually** – Pray for each other and together. Engage spiritually.
3. **Be Protective of your Marriage** – Avoid risky situations. Don't flirt. Don't allow anyone to come between. Look for what is right with your spouse and tell them.
4. **Be Polite** – Treat your spouse with respect and kindness. Be gentle and courteous.
5. **Be a Peacemaker** – Resolve your conflicts quickly. Say you are sorry and forgive.
6. **Be Present** – Give attention to your spouse. Communicate. Talk to each other.
7. **Be Playful** – Go out and have fun together. See the humour in life together.